#### **SWIMMING CRITERIA FOR IPC WORLD CHAMPIONSHIPS 2019**

### KUCHING, MALAYSIA 29 July – 4 August 2019

## 1. Eligibility

- 1.1. Only athletes registered and in good standing with SSA will be considered for selection.
- 1.2. Athletes must hold an active World Para Swimming license for 2019 season and have a MQS on the IPC Ranking.
- 1.3. Selected athletes must be in possession of a valid South African passport. The SA Passport should be valid for at least 6 months after re-entry into South Africa i.e. must **not** expire before end of January 2020.
- 1.4. Selected Athletes must have chosen South Africa as their Sport Nationality.
- 1.5. Selected team members must abide by the SSA Code of Conduct as appended to the SSA Constitution and agree to and sign the SSA Athlete / Official Agreement for IPC World Championships 2019.
- 1.6. Athletes must be available to travel to and compete at the IPC World Championships in Kuching, Malaysia from 26 July 4 August 2019.
- 1.7. To be eligible for selection a swimmer must participate at the 2019 S A National Aquatic Championships, Durban, 8-12 April 2019.
- 1.8. IPC MQS times achieved at both the Official Swimming Trials for South Africans for IPC World Championships 2019 will be considered:
  - 1.8.1 SA National Swimming Championships 2019, Durban, 8 12 April 2019
  - 1.8.2 SASAPD Swimming Championships, Stellenbosch, 18 & 19 March 2019
- 1.9. All swimmers who wish to be eligible for selection must fully commit to all aspects of the Swimming South Africa preparation plan for IPC World Championships. All athletes must be available for relay selection.
- 1.10. Team selection will be in accordance with the SSA Transformation Policy in relation to demographic and gender equity where applicable.
- 1.11. The Swimming South Africa Executive reserves the right to amend the criteria. Amended criteria will be published and forwarded to all Swimming South Africa Affiliates.
- 1.12. Achieving the published qualifying times only makes swimmers eligible for squad selection. Achieving the published qualifying times does not guarantee selection for the final team.
- 1.13. The final team selection is subject to approval by the SSA Executive Committee and SASCOC. The final team selection and team announcement will be done by SASCOC

#### 2. Individual Events

- 2.1. The first, second and third placed athletes in the final of a Paralympic individual event at the South African National Championships 2019 will be considered for selection, and only if they achieve an IPC MQS in that event.
- 2.2. Should one or both of the first two placed finalists not achieve an IPC MQS, then the athletes with the fastest MQS times in the heat of that event will be considered for selection, provided that they swim in the final of that event.
- 2.3. Swimmers achieving IPC MQS and showing performance progression improvement from Heats to Finals may be considered for selection.
- 2.4. IPC MET standards may be considered for an Individual event if an IPC MQS has been achieved in another Paralympic event. A swimmer will not be selected if they have only achieved an IPC MET.

# 2019 World Para Swimming Championships MQS

# **Qualification Period**

01 January 2018–16 July 2019

Events	Class	Men		Women	
		MQS	MET	MQS	MET
	S3	01:06.91	01:13.29	N/A	N/A
	S4	00:47.09	00:51.30	01:01.94	01:27.48
	S5	00:38.36	00:40.80	00:47.27	00:51.41
	S6	00:33.11	00:34.21	00:38.91	00:41.95
	S7	00:30.86	00:31.95	00:38.33	00:38.89
	S8	00:28.78	00:29.02	00:35.09	00:35.70
50m Freestyle	S9	00:27.16	00:27.33	00:30.98	00:31.41
33	S10	00:26.05	00:26.39	00:29.37	00:29.89
	S11	00:29.18	00:30.48	00:35.95	00:42.53
	S12	00:26.80	00:27.42	00:31.80	00:34.47
	S13	00:25.98	00:26.48	00:29.29	00:29.58
	S3	N/A	N/A	04:47.35	04:47.35
	S4	01:48.05	01:55.84	03:53.38	04:46.99
	S5	01:26.22	01:31.01	01:45.10	01:56.62
	S6	01:14.70	01:16.83	01:24.76	01:26.73
	S7	01:08.84	01:10.39	01:23.08	01:25.68
	S8	01:02.82	01:03.70	01:15.42	01:16.83
100m Freestyle	S9	00:59.48	01.00.03	01:06.95	01:07.99
	S10	00:56.57	00:57.62	01:04.03	01:04.67
	S11	01:07.32	01:09.81	01:21.46	01:32.09
	S12	00:59.87	01:01.45	01:10.65	01:15.35
	S13	00:57.82	00:58.71	01:04.78	01:06.69
	S2	06.03.07	07:05.13	N/A	N/A
	S3	05:49.40	06:49.38	N/A	N/A
200m Freestyle	S4	04:02.29	04:29.53	N/A	N/A
	S5	03:16.80	03:27.44	03:59.82	04:20.72
	S14	02:02.25	02:03.61	02:22.36	02:24.28
	S6	05:49.48	05:58.13	06:30.03	06:45.54
	S7	05:19.00	05:29.42	06:10.57	06:26.47
400m Francis	S8	05:02.38	05:08.90	05:35.94	05:55.53
400m Freestyle	S9	04:36.56	04:41.34	05:10.86	05:16.43

	S10	04:24.41	04:27.47	04:56.26	05:01.38
	S11	05:36.81	05:47.70	06:45.45	08:01.48
	S13	04:54.11	05:16.81	05:16.92	05:39.25
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	S1	01:41.52	01:41.52	N/A	N/A
	S2	01:20.89	01:30.97	01:44.54	01:44.54
50m Backstroke	S3	01:08.81	01:24.15	02:12.50	02:12.50
John Buckstroke	S4	00:56.04	01:00.73	01:14.85	01:58.00
	S5	00:45.09	00:48.73	00:55.96	01:00.50
			l		<u> </u>
	S1	03:30.58	03:30.58	N/A	N/A
	S2	03:15.12	03:35.68	03:35.76	03:35.7
	S6	01:29.75	01:34.03	01:45.66	01:48.6
	<b>S7</b>	01:22.34	01:24.03	01:34.81	01:38.8
	S8	01:15.37	01:17.42	01:25.75	01:27.3
	S9	01:07.39	01:08.78	01:18.01	01:19.6
100m Backstroke	S10	01:05.31	01:07.33	01:16.94	01:17.8
100111 Buckstroke	S11	01:25.52	01:28.69	01:36.57	01:46.6
	S12	01:13.50	01:17.18	01:28.98	01:34.9
	S13	01:11.23	01:15.53	01:21.51	01:28.0
	S14	01:05.41	01:06.12	01:16.30	01:19.1
	SB2	03:18.37	03:18.37	N/A	N/A
50m Breaststroke	SB3	01:02.50	01:06.90	01:25.34	01:49.2
					<u>I</u>
	SB4	02:08.28	02:15.44	02:48.02	04:10.0
	SB5	01:53.24	01:56.18	02:04.74	02:11.2
	SB6	24.22.24	04.00.07	01.54.70	02:00.7
	360	01:32.24	01:39.97	01:54.78	02.00.7
	SB7	01:32.24	01:39.97	01:54.78	
					01:59.6
	SB7	01:29.59	01:31.72	01:49.62	01:59.6 01:42.4
	SB7 SB8	01:29.59 01:22.79	01:31.72 01:24.22	01:49.62 01:37.51	01:59.6 01:42.4 01:28.4
100m Breaststroke	SB7 SB8 SB9	01:29.59 01:22.79 01:15.22	01:31.72 01:24.22 01:17.70	01:49.62 01:37.51 01:27.35	01:59.6 01:42.4 01:28.4 02:37.8
100m Breaststroke	SB7 SB8 SB9 SB11	01:29.59 01:22.79 01:15.22 01:30.33	01:31.72 01:24.22 01:17.70 01:33.94	01:49.62 01:37.51 01:27.35 01:59.19	01:59.6 01:42.4 01:28.4 02:37.8 01.57.5
100m Breaststroke	SB7 SB8 SB9 SB11 SB12	01:29.59 01:22.79 01:15.22 01:30.33 01:18.73	01:31.72 01:24.22 01:17.70 01:33.94 01:21.43	01:49.62 01:37.51 01:27.35 01:59.19 01:39.06	01:59.6 01:42.4 01:28.4 02:37.8 01.57.5 01:39.9
100m Breaststroke	SB7 SB8 SB9 SB11 SB12 SB13	01:29.59 01:22.79 01:15.22 01:30.33 01:18.73 01:17.41	01:31.72 01:24.22 01:17.70 01:33.94 01:21.43 01:19.83	01:49.62 01:37.51 01:27.35 01:59.19 01:39.06 01:30.27	01:59.6 01:42.4 01:28.4 02:37.8 01.57.5 01:39.9
100m Breaststroke	SB7 SB8 SB9 SB11 SB12 SB13	01:29.59 01:22.79 01:15.22 01:30.33 01:18.73 01:17.41	01:31.72 01:24.22 01:17.70 01:33.94 01:21.43 01:19.83	01:49.62 01:37.51 01:27.35 01:59.19 01:39.06 01:30.27	01:59.6 01:42.4 01:28.4 02:37.8 01.57.5 01:39.9 01:29.6
100m Breaststroke  50m Butterfly	SB7 SB8 SB9 SB11 SB12 SB13 SB14	01:29.59 01:22.79 01:15.22 01:30.33 01:18.73 01:17.41 01:12.18	01:31.72 01:24.22 01:17.70 01:33.94 01:21.43 01:19.83 01:13.32	01:49.62 01:37.51 01:27.35 01:59.19 01:39.06 01:30.27 01:27.35	02:06:05 01:59.65 01:42.44 01:28.43 02:37.80 01:57.53 01:39.93 01:29.65 02:06.09 00:48.29

	S8	01:09.42	01:12.01	01:25.85	01:30.33	
100m Butterfly	S9	01:05.38	01:05.79	01:15.67	01:17.10	
	S10	01:02.25	01:04.29	01:15.83	01:22.63	
	S11	01:26.44	01:33.51	N/A	N/A	
	S12	01:09.72	01:17.15	N/A	N/A	
	S13	01:03.45	01:06.00	01:23.23	01:27.61	
	S14	01:01.14	01:02.20	01:13.82	01:15.66	
	SM3	06:00.60	06:00.60	N/A	N/A	
150m Individual Medley	SM4	03:24.88	03:40.13	05:32.51	05:32.51	
	SM5	N/A	N/A	06:00.31	07:57.32	
200m Individual Medley	SM6	03:09.56	03:19.35	03:39.75	03:46.80	
	SM7	02:59.29	03:04.44	03:41.57	03.59.69	
	SM8	02:40.82	02:44.53	03:11.16	03:15.12	
	SM9	02:28.79	02:29.62	02:49.73	02:53.58	
	SM10	02:26.04	02:28.10	02:40.57	02:45.12	
	SM11	03:00.99	03:05.80	03:37.12	03:50.20	
	SM13	02:26.34	02:29.06	02:44.91	02:52.45	
	SM14	02:19.60	02:20.57	02:42.73	02:45.48	
Relays*						
	34 points					
4x100m Freestyle		\		\		
4x100m Medley	34 points	\		\		
Mixed 4x100m Freestyle	S14	\				
Mixed 4x100m Freestyle	49 points (VI)	\				
Mixed 4x50m Freestyle	20 points	\				
		\				
Mixed 4x50m Medley	20 points	\				
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<sup>\*</sup>For relay events there are no MQS times, teams can be entered even without previous achievement (they will be seeded with 'no time'). NPCs that have time for their relay team from the qualification period can enter this result in the final entries.