

TSHWANE MASTERS INTER-REGIONAL GALA

HILLCREST POOL, HATFIELD , PRETORIA
 SATURDAY 17th NOVEMBER, 2018: Start: **14H00**
 LATE REGISTRATION AND PAYMENT 13H15 – 13H45

WOMEN		EVENT	MEN	
Event No	Est. Time		Est. Time	Event No
1		200M FREESTYLE		2
3		100M BREASTSTROKE		4
5		50M BUTTERFLY		6
7		100M BACKSTROKE		8
9		50M FREESTYLE		10
11		200M INDIVIDUAL MEDLEY		12
		-----10 MINUTE BREAK-----		
13		100M BUTTERFLY		14
15		50M BREASTSTROKE		16
17		100M FREESTYLE		18
19		50M BACKSTROKE		20
21		4 x 50M FREE RELAY		22
23		4 x 50M MEDLEY RELAY		24

NB. Each swimmer may enter a maximum of 4 events excluding relays. Relays will not count for points. Please circle the event number for each event entered and submit an estimated time. Ignore relays. Call for 3 (three) time-keepers for a SA, Tshwane or Gauteng record attempt.

PRE ENTRIES
 Close Friday 16th Nov 13H00
 FEE: R100.00

LATE ENTRIES
 Close Saturday 17th Nov. 13H45
 FEE: R130.00

Please note the additional R30 cost for late entries!

Entries to: FAX: 086 548 3092 or E-MAIL: fyfe@lantic.net

PAY on arrival at the pool or to:

Tshwane Masters Swimming: Nedbank Eastgate, Branch No. 192405,
 Account No. 192 423 9779. Ref: [Name/InterR](#)

FIRST NAME:		SURNAME:	
CLUB:		DATE OF BIRTH:	
SEX M/F			
Email:		Cell No.:	

By entering I agree that I participate at my own risk, waive any claim arising from or connected with any injury or loss that I may sustain while, or as a result of, participating in any Masters Swimming or related activity whether caused by negligence or otherwise against the Tshwane Masters and South African Masters Swimming, their officer, members, employees, agents and assistants and indemnify them in respect of any claim against them arising from my participation in Masters Swimming or related activity.

Please join us for Braai, Rolls and Salads after the gala, R10.00 for extra visitors. Drinks for sale.